

Activities: Cycling, Rafting, Hiking, River Trekking, Cooking Lessons

D-1: Arrival in the airport and transportation to accommodation. Installation & depending on time, relaxing time around the pool.

D-2: A tour in the graphical town of Aitoliko. A sightseeing tour in the small graphical



streets of the old town, visit the engraving museum of Vaso Katraki & the information center management body of lagoon where you will have a general brief about the lagoon & the functions of its ecosystem. Return in the city of Messolonghi and tour in the garden of heroes. With its 70 monuments constitutes a unique regional sculpture gallery of Greece, the only historical park.

- In the afternoon cycling for a visit in **Tourlida.** A unique lakeside settlement constituted by "pelades" (traditional fishermen huts), at the shores of the lagoon. A magnificent route across the lagoon, in a 5km cycling road. "Pelades", traditional boats & the gold waters of the lagoon, lead to a beautiful sunset. Dinner in the lagoon, in a "pelada" of the Kleisovas divari (traditional fishery), with fishes that have be fished from the lagoon at the same time.

A truly unique experience...

D-3: One day **River Trekking** in the green stream of Agrilia. Fairytale route along the

brook and ends at the abandoned settlement Chounista. Characteristic of the route in this beautiful part of the wooded gorge: the lovely waterfalls, natural pools where we can swim and the awesomely rich vegetation





D-4: Adrenaline ... and lots of water! **Rafting**, the ride is pleasant and adrenaline fluctuates between passages **Evinos** and countless surprises revealing.

D-5: After breakfast, transportation to the feet of mountain Varasova. The access to the top is easier from the west side of the mountain and the course lasts 2,5 hours. There you can enjoy the spectacular view and the existence of many interesting caves.



In the evening cooking lessons with local organic products and dinner with the cooked foods. You'll explore with Greek chefs culinary experiences and tastes, initiate you into the secrets of authentic and unique culinary delights & the fascinating world of cookery. Visitors participating in cooking classes will have the chance to discover recipes that provoke the senses and satisfy even the most demanding palates

D-6: It's a day with free time and program so you can relax in our facilities(ping pong,



basket, archery, mountain bike) or you can take your bike and heat to Messolonghi where you can take you walk and do your shopping. In the night a farewell B.B.Q and Greek music.

D-7: Departure for the airport.

| Description | Prices | (Euro/person) | | | |
|--------------------------------------|--------|---------------|-----------|--|--|
| | Two | | | | |
| | beds | Three beds | Four beds | | |
| Accommodation in Bungalows | room | room | room | | |
| I) Transportations with your own | | | | | |
| vehicle | 383 | 340 | 315 | | |
| II) Transportation with our vehicle. | | | | | |
| Includes all transportations (Pickup | | | | | |
| fromtransportation to airport) | 566 | 524 | 499 | | |

In the price included (I) => Six overnights in a family bungalow, in one of the units below, breakfast with local organic products, bikes & cycling equipment, Tours in the island of Aitoliko & the city of Messolonghi, River Trekking equipment & guides, Rafting equipment and guides, Hiking equipment & hiking guide, three dinners, Fish meze & organic products, a B.B.Q, plus taxes.

In the price included (II) => All the above, as well all the transportations (Pickup from the airport, daily transportations according the program and transportation to the airport for the departure)

Units of accommodation: 1) Socrates Organic Village-Wild Olive

- 2) Evinos Garden
- 3) Socrates Organic Village-Kryoneri









Implementation period: October-May

Price: $315 - 566 \notin$ / person (according to all the above)

Minimum participation: 6 people (In case of fewer people participation please contact us, for the prices)

Conditions of participation: Basic knowledge of swimming

You must have with you => swimsuit, hat, towel, sunglasses, sunscreen, waterproof shoes and camera (optional)